

Bulk Price List—Discounted for Government

These prices do not include shipping or taxes (Washington state organizations only). For shipping costs, or pricing for different quantities email us at orders@foodfortots.com or call us at 866.366.3367.

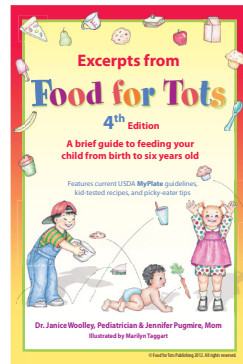
Booklets

Description

Prices

Excerpts from Food for Tots is a 64-page booklet with nutrition information and 30 recipes. It is available in English or Spanish.

booklet quantity	price per booklet	total price for booklets
100	\$3.10	\$310.00
200	\$2.97	\$594.00
300	\$2.88	\$864.00
400	\$2.81	\$1,124.00
500	\$2.75	\$1,375.00
600	\$2.71	\$1,626.00
700	\$2.67	\$1,869.00
800	\$2.64	\$2,112.00
900	\$2.62	\$2,358.00
1,000	\$2.60	\$2,600.00
2,000	\$2.55	\$5,100.00
3,000	\$2.50	\$7,500.00
4,000	\$2.45	\$9,800.00
5,000	\$2.40	\$12,000.00
6,000	\$2.35	\$14,100.00
7,000	\$2.30	\$16,100.00
8,000	\$2.25	\$18,000.00
9,000	\$2.20	\$19,800.00
10,000	\$2.15	\$21,500.00
20,000	\$1.90	\$38,000.00
30,000	\$1.75	\$52,500.00
40,000	\$1.60	\$64,000.00
50,000	\$1.45	\$72,500.00



Relationship to Our Other Products

The booklets contain extracts from our book *Food for Tots: The complete guide to feeding preschoolers, including 100+ kid-tested recipes.*

Order Numbers

Excerpts from Food for Tots is now available in the brand new 4th edition with the USDA **MyPlate** nutrition guidelines. Here are the order numbers:

- ▶ English: EFFT-En4
- ▶ Spanish: EFFT-Sp4

Pamphlets

Prices

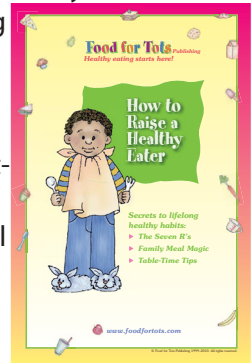
pamphlet quantity	price per pamphlet	total price pamphlets
25	\$0.85	\$21.25
100	\$0.85	\$85.00
200	\$0.81	\$162.00
300	\$0.79	\$237.00
400	\$0.77	\$308.00
500	\$0.75	\$375.00
600	\$0.74	\$444.00
700	\$0.73	\$511.00
800	\$0.72	\$576.00
900	\$0.72	\$648.00
1,000	\$0.71	\$710.00
2,000	\$0.70	\$1,400.00
3,000	\$0.69	\$2,070.00
4,000	\$0.67	\$2,680.00
5,000	\$0.66	\$3,300.00
6,000	\$0.64	\$3,840.00
7,000	\$0.63	\$4,410.00
8,000	\$0.62	\$4,960.00
9,000	\$0.61	\$5,490.00
10,000	\$0.59	\$5,900.00
20,000	\$0.52	\$10,400.00
30,000	\$0.48	\$14,400.00
40,000	\$0.44	\$17,600.00
50,000	\$0.40	\$20,000.00

Description

There are two 8-page pamphlets:

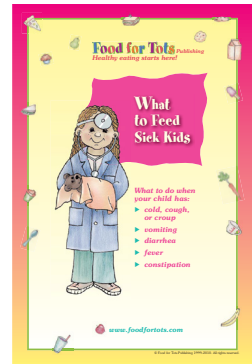
How to Raise a Healthy Eater—secrets to lifelong healthy habits

- ▶ the seven R's for healthy eating
- ▶ family meal magic
- ▶ table-time tips



What to Feed Sick Kids—what to do when your child has:

- ▶ cold, cough, or croup
- ▶ vomiting
- ▶ diarrhea
- ▶ fever
- ▶ constipation



Relationship to Our Other Products

The pamphlets are focused extracts taken from the corresponding sections of the *Excerpts from Food for Tots* booklet.

Order Numbers

The order numbers for the pamphlets are:

- ▶ *What to Feed Sick Kids*: pWFSK-En1
- ▶ *How to Raise a Healthy Eater*: pHRHE-En1

Recipe Cards

Prices

quantity of packs	price each pack	total price
25	\$2.65	\$66.25
100	\$2.65	\$265.00
200	\$2.54	\$508.00
300	\$2.46	\$738.00
400	\$2.40	\$960.00
500	\$2.35	\$1,175.00
600	\$2.32	\$1,392.00
700	\$2.28	\$1,596.00
800	\$2.26	\$1,808.00
900	\$2.24	\$2,016.00
1,000	\$2.22	\$2,220.00
2,000	\$2.18	\$4,360.00
3,000	\$2.14	\$6,420.00
4,000	\$2.09	\$8,360.00
5,000	\$2.05	\$10,250.00
6,000	\$2.01	\$12,060.00
7,000	\$1.96	\$13,720.00
8,000	\$1.92	\$15,360.00
9,000	\$1.88	\$16,920.00
10,000	\$1.84	\$18,400.00
20,000	\$1.62	\$32,400.00
30,000	\$1.50	\$45,000.00
40,000	\$1.37	\$54,800.00
50,000	\$1.27	\$63,500.00

- ▶ ABC Salad
- ▶ Banana Pops
- ▶ Chicken Tortilla Soup
- ▶ Egg Salad Sandwiches
- ▶ Make-Ahead Breakfast Casserole
- ▶ Oatmeal Cookies
- ▶ Peanut Butter Banana Smoothie
- ▶ Peanut Butter Dip
- ▶ Play Dough
- ▶ Sneaky Joes
- ▶ Twisty Pasta Salad
- ▶ Whole Grain Pancakes



Relationship to Our Other Products

Eight of the recipes are also in the booklet *Excerpts from Food for Tots*. The other four recipes are only from the book *Food for Tots*.

Order Number

The order number for the recipe card pack is:

- ▶ *Recipe Card Pack 1: rCP1-En1*

Description

Help your families use their WIC foods with these recipe cards shrink-wrapped in packs of 12:

Feedback

Here's some customer feedback about our products:

- ▶ "We love this booklet for our WIC clients! And our WIC clients have told us how much they love getting this great booklet filled with recipes and nutrition information."
- ▶ "Staff have also been delighted to have the MyPyramid information added in a way that is useable and understandable."
- ▶ "*Excerpts from Food for Tots* is an excellent resource for those nutrition questions that so many parents have, from picky eaters to what to feed your child when they are sick."
- ▶ "We love the booklets. I've been making a recipe for our staff meetings each month. The staff loved them. Our clients like recipes too."

Contact Us

Food for Tots Publishing

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About Us

About Our Company

Mammoth Media, Inc. is doing business as Food for Tots Publishing and was incorporated in the State of Washington in 1999. Food for Tots Publishing produces high-quality nutrition education publications for individual dietitians, hospital-based programs, and WIC programs around the country. Food for Tots Publishing is a USDA MyPlate Corporate Partner.

About Our Authors

Dr. Janice Woolley, MD, FAAP, and Jennifer Pugmire, MOM, are a mother-daughter team.

Dr. Woolley is a board-certified pediatrician with more than thirty years experience, and the mother of four children. She was twice named one of **Seattle's Best Doctors**.

Jennifer Pugmire, is a stay-at-home mother of five and a community volunteer. She graduated with honors in statistics.